

A Day at Franciscan Children's



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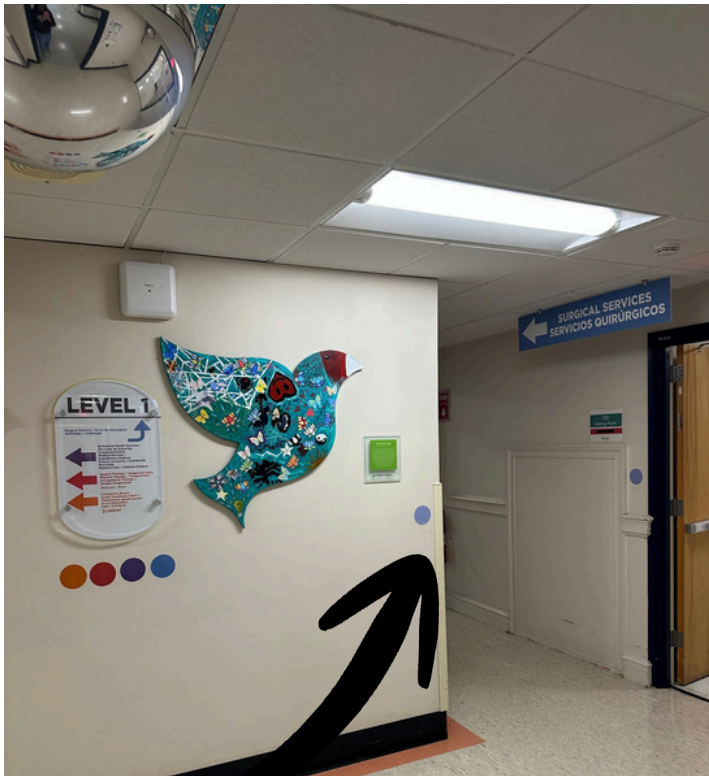
I am getting ready for my procedure at Franciscan Children's. My doctors need to do this to learn more about my teeth and help them feel better.



When I first arrive, I will go to registration. They will ask me my name and birthday and take a photo of me!



Then I will follow the blue
dots to the waiting room and
wait for my name to be called.



Can you see the blue dots?

Waiting Room





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One of the nurses or child life specialist will come get me from the waiting room and bring me into a new room called pre op!



When I walk into Pre op, I
might see other kids waiting
just like me! I will get to go on
a fun bed called a stretcher!
This is a special hospital bed
with wheels.





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The nurse will come and check in with me first. They will go over something called vitals. These are to make sure my body is safe before my procedure!





First, the nurse will use a thermometer to measure my body temperature. They might touch it near my head and ear. This is to make sure my body is not too warm.

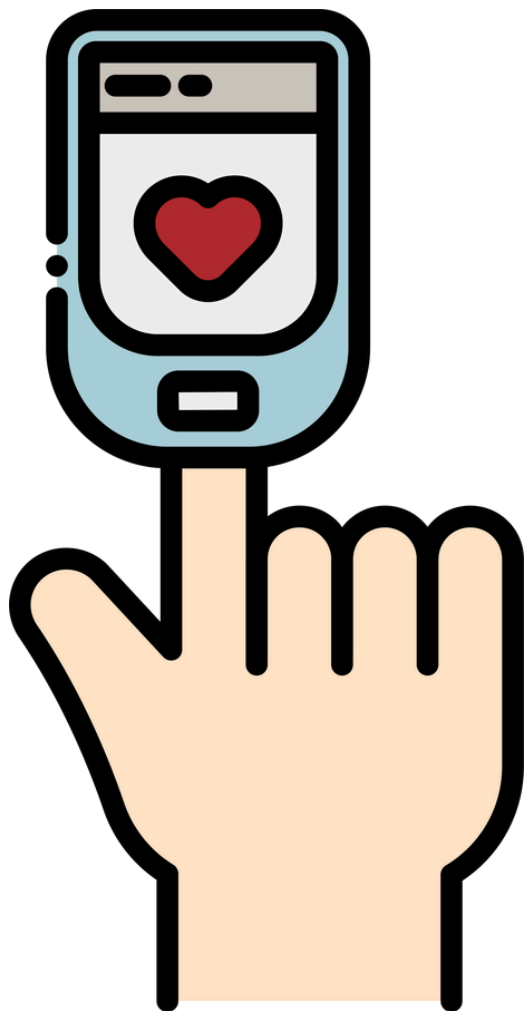


This is what it looks like in real life!



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Then the nurse will place something on my finger called a pulse oximeter! It will feel like my finger is getting a hug. This is to check how much oxygen I have in my body.

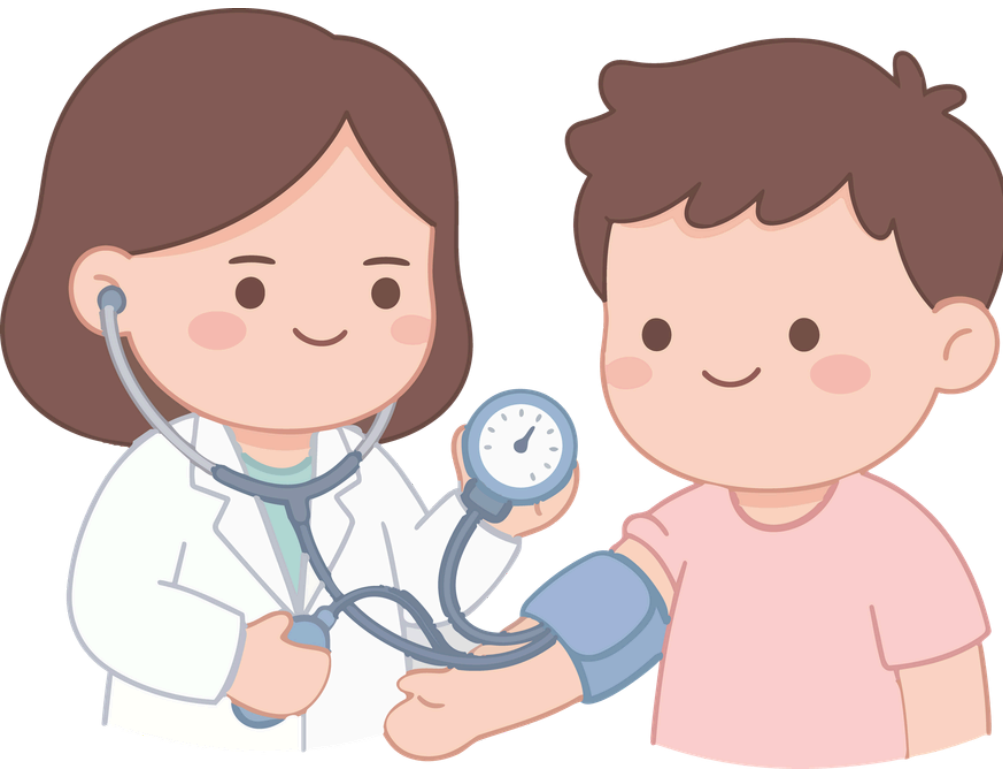


This is what it looks like in real life! Can you spot the little froggy eyes?



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Next the nurse will take my blood pressure. I will feel a squeeze on my arm. I can remember to hold my body still and take deep breaths.



This is what it looks like in real life! The sleeve is very soft and sometimes be other colors such as blue and red!



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Finally the nurse will listen to my heart and lungs with a stethoscope. This is to see how good my lungs are at breathing.



This is what it looks like in real life! The nurse might stay really quiet to try to listen!



After the nurse finishes with their
vitals it is time to put on my
hospital pajamas! They are really
cool with tigers on them. It can
either be blue, yellow or green. I
put these on so I don't get my
home clothes dirty.



Now while I wait for my procedure
I can play or watch a movie!



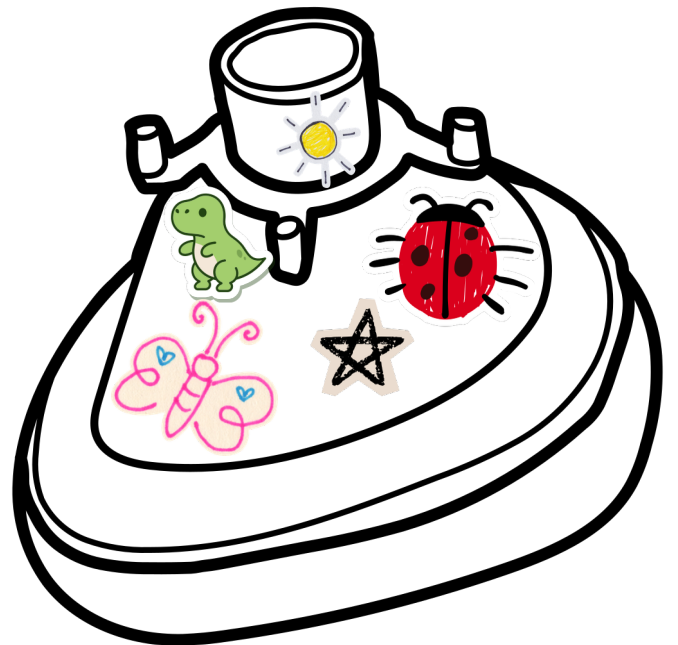
While I wait, I will meet my Child Life Specialist. She will teach me all about my sleep medicine I will be getting through my special mask. I can decorate it with stickers and chose a fun scent to make it smell good!





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This is a special sleep that is not like the normal sleep I do at home. I will not wake up in the middle of my procedure and I will be safe the whole time. There will be a doctor called an anesthesiologist who makes sure I stay safe the whole time!





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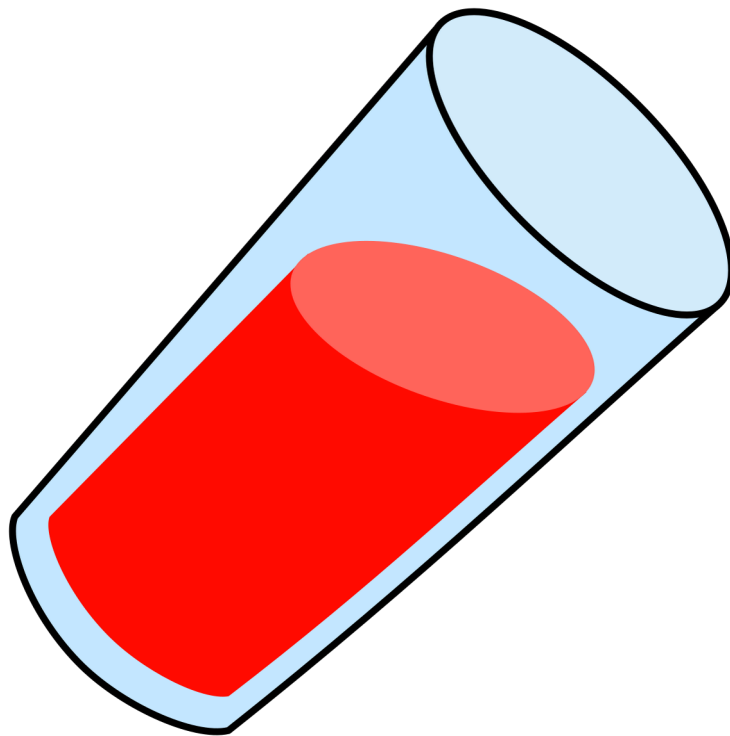
**This mask will be soft on my face.
When I use it I might be asked to
pretend to breathe like I am
blowing out birthday candles!**





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**Sometimes the doctors might
give me some medicine
before I have my procedure.
This medicine will help my
body relax.**





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When it is my turn my nurse
and child life specialist will
help wheel me on my bed to
another room, kind of like a
field trip!

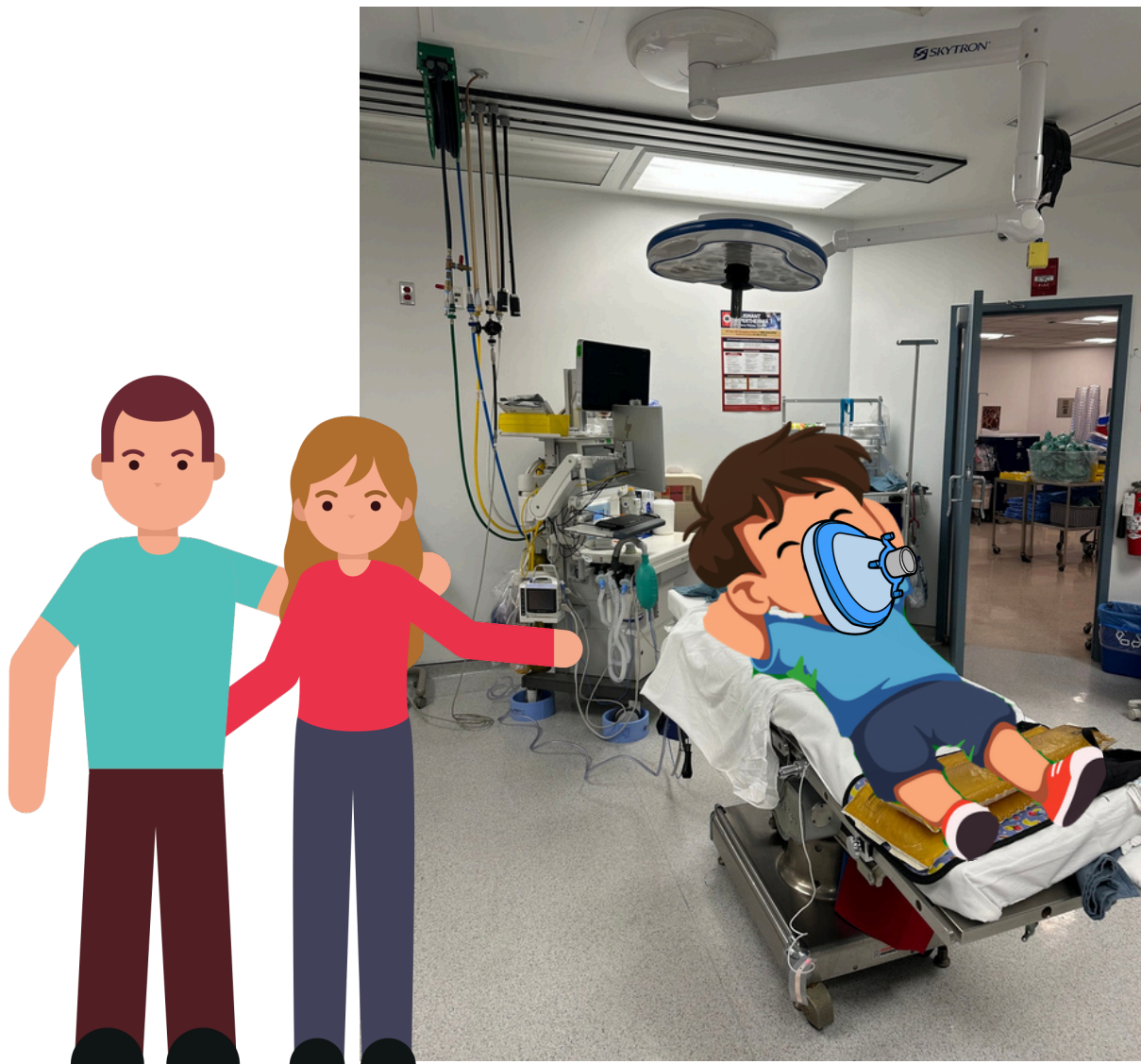




**When I go back, I can bring
one of my caregivers with me
or any comfort items I like to
make me feel more at home.**



I will go onto the OR Bed and
my caregiver will be right next
to me helping me breathe
through my sleepy mask!





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When I wake up, I will be in another room called the recovery room! My caregivers will be with me and I can pick out a popsicle or apple juice.





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Once my nurse says its okay I
can go home! Everyone is so
proud of me and how brave I
was.

